

RAF IS GOING TO LOOK AROUND THE INTENSIVE CARE DEPARTMENT

ARE YOU COMING?



CONTENTS

01	Welcome from Raf	4
02	Getting to know you	5
03	The Intensive Care departement	6
04	Photo hunt	7
05	Your tasks	12
06	Information for parents	15

01 WELCOME

Hello, I'm Raf, the giraffe!
Soon you will be coming to visit someone
in the Intensive Care department.
Have you been there before?
No? Don't worry, I will show you the way
and tell you what to expect.



02 GETTING TO KNOW YOU

You already
know me.
Who are you?



Hello Raf,

My name is _____

and I am _____ years old.

My _____ is in the hospital,

in the Intensive Care department, unit _____

He/she is called _____

On (date) _____ I will be coming to visit.

I will be there at _____ a.m./p.m.



03 INTENSIVE CARE

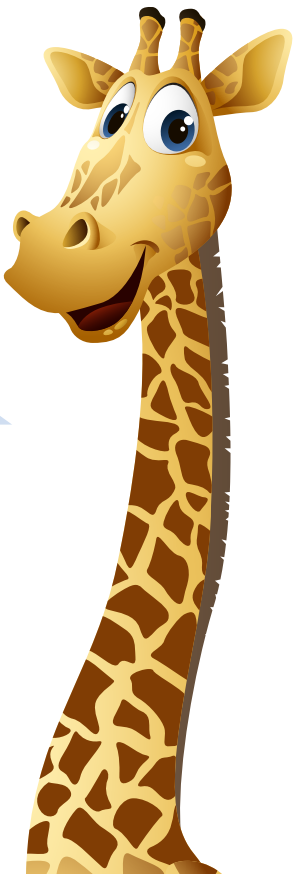
Your

is in the Intensive Care department. This is such a long name, isn't it? That's why doctors and nurses often call it IC, which is much shorter.

IC is for people who are seriously ill and need a lot of care. So, the department looks different to the other rooms in the hospital.

A lot of doctors and nurses work in this department. There is always someone nearby who can see or hear the sick people. You can recognise them easily: they wear white or green coats and trousers. I will help you find the way to the IC department, follow the photos ...

The photos will give you an idea of what the department looks like.



Off we go ...
follow me!

04 PHOTO HUNT

There is a lot to see on the way to the Intensive Care department. Have you seen it all?

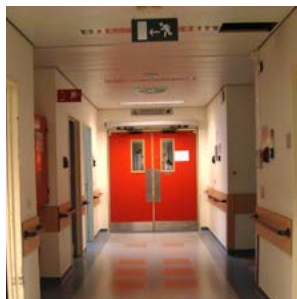
If you come by car, you will have to stop at the barrier and take a ticket. Do you know what the ticket is for?



The photos can help you find the way, but it is not easy. Can you do it?



Are you gonna push the right button of the elevator?



Want to ring the bell?
Best to ask mummy
or daddy which unit
the person you are
visiting is in.
So you can press
the right button.

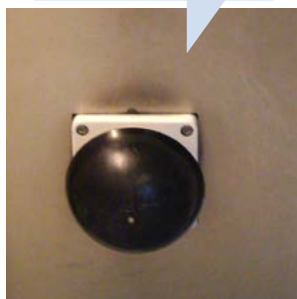


This is the waiting
room, where you
can draw a picture.



The door opens
when you press
the black button
with your foot!

When you come
inside, you can
wash your hands
with gel that dries
all by itself!



This is what the department looks like inside.

Sick people don't like other people to see them lying there. So, we sometimes close the curtains.



Monitor

A monitor is a kind of TV with lines and numbers on it. The nurse uses it to see how quickly an ill person's heart is beating, how fast they are breathing and many other things. Sometimes the monitor starts to beep or ring. That used to make me jump, but it was nothing to worry about.

The nurse can see on another screen why the alarm is going off. The nurse usually comes and takes a look, but sometimes that is not even necessary. Anyway, there are lots of sounds in the department. So, it is important that you don't make too much noise. Sick people need a lot of rest!

Infusion and syringe pump

Anyone who is in Intensive Care needs a lot of medicines. These are not usually tablets or syrups. The medicines look a bit like water and are contained in a bag or in a syringe.

The liquid drips through a tube into the ill person. To tell us how fast the medicines should drip, the tube passes through a small apparatus. This is the infusion pump.

An apparatus like this can also suddenly start beeping. This tells the nurse that a new syringe is needed. Very handy!



Buisjes en draadjes

Tube in the nose

If someone is not awake, they can't eat or drink. So, we insert food directly into the stomach through a tube in the nose.

Tube in the mouth

Sometimes people are so sick or medicated that they cannot breathe on their own. So, a tube is placed down the throat to blow air into the lungs with an apparatus. This is how we help them to breathe.



Weeing into a bag

Everyone needs to wee and go to the toilet, even people who are sick and can't get out of bed. So, it is very handy to be able to wee into a bag through a tube without having to do anything. The doctors and nurses like to know exactly how much a person is weeing.

Tube in the neck or in the arm

Sometimes you will see a lot of cables lying on the bed. They look like spaghetti, with coloured taps and caps. These are used to give medication or take blood.

05 YOUR TASKS

1. You probably have a lot of questions. Write down the questions that you don't want to forget to ask when you visit.

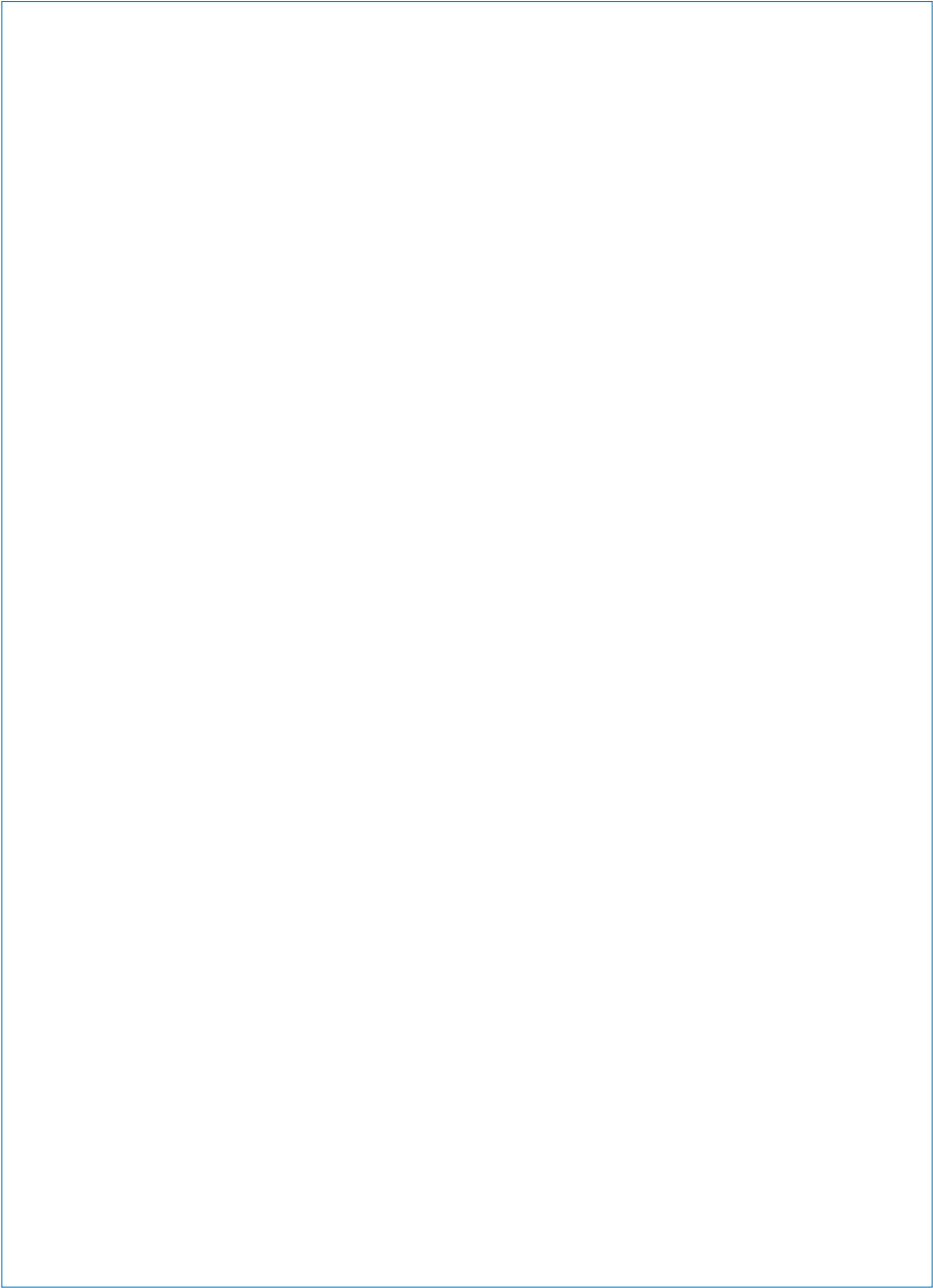
2. Would you like to draw a lovely picture and bring it with you when you come to visit? You could also bring a photo of yourself. The nurse will help you hang them up in the room. This will also brighten up the white walls.
3. Or would you prefer to colour in this picture?
4. Make sure you bring your booklet with you when you come to visit.

Colouring page





Here you can make your own drawing



06 INFO FOR THE PARENTS

We have put together this booklet to help parents and guardians of children to prepare for the visit together. We believe it is important to communicate honestly with children in an appropriate manner. This can help them gain a better understanding of a major event like an admission to IC.

We are here to help you answer the questions that children ask. So, we are keen to provide plenty of opportunity to ask questions and express feelings before, during and after the visit.

We like to devote a little more time to children who come to visit. For this reason, we would prefer it if you could bring them outside the regular visiting hours. You are welcome to arrange a day and time with the nurse. It is better for children if this is not too late in the evening so that they still have time at home after the visit to play before bedtime.

Regular visiting hours: 3 p.m. till 9 p.m.

Do you have any questions, or would you like to talk to the nurse again afterwards? You can make an appointment by calling the reception desk of the Intensive Care Surgery and Heart Surgery department on tel. +32 (0)9 332 27 86.

If necessary, our psychologist (tel. +32 (0)9 332 20 95) can also offer further guidance.

Intensive Care Surgery and Heart Surgery

Entrance 12, route 1262

T +32 (0)9 332 27 86

www.uzgent.be/intensieve-zorg

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